

CHASING DRAGONS ARE THEY REAL 2.

A WAY OUT OF THE MAZE

Dragons real or not it is up
to you???



HAPPY 2020

It's not about where you have been.

It's not about what has hurt you.

It's not about what you have lost.

It's not about what you have found.

It is about finding a way to laugh at it all.....

LONELY 1983

The loneliest place I have ever been.

Realizing I had caused a murder.

An incredibly sad and desolate place.

A whole planet just for me. &\$#:@\$

HERO

My childhood suggested I was I was going to be a monster.

But when someone demanded I become a terrorist.

I put my life on the line.

Proved I was neither terrorist nor monster.

After time I saw it was all nonsense.

I was a good person.

Maybe even a hero.

Think about it.

All the clowns who attacked me.

I won anyway.

I decided to be me.....

FEEL

It's not your life that matters.

What matters is how you feel about your life.

We can change how you feel.

That is the game we should play for ever more.

SENSELESS

Some things are worth remembering.

Some of these are worth understanding.

But many are not.

The only important thing about the past is how it affects you
today.

I have wasted too much of my life trying to make sense of the
senseless acts of others.

I AM LOST

I have no idea where I am.

I am lost again.

I feel great.

Lost again.

How cool.

If I do not know where I am.

How will the people who hurt me find me?

NEEDLE

It is like looking for a needle in a haystack.

When you do not know what a needle is.

NORMAL.

No, I am not normal.

I am better than that.

I am mentally ill.

If you had lived my life so would you be mentally ill to.

But I have survived.

I am Better than normal.

UNREASONABLE

Even when I could not remember who I was.....

I knew my illness.....

Was a reasonable reaction.....

To very unreasonable situations whatever they maybe.....

LIFE RULE

It is not a question of knowing all the answers!

It is a question of knowing where to look for the answer you
need.

STRONG

Are you strong enough to be kind and gentle?

ENOUGH SAID.

Make sense of the senseless.

Find reason in the unreasonable.

Explain the unexplainable.

This is what they ask of me,

To free them from their bonds.

If they were only to see their bonds faded long ago.

So, leave me free to live my life.

I have the past behind and the future ahead.

That is all I need.

Enough said.

DECIDE

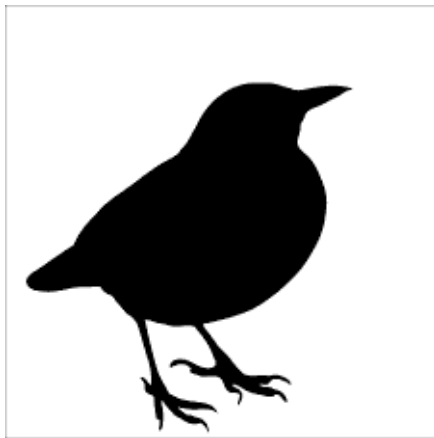
I decide who I am.

I am not what my past chose for me.

I happy with that.

Are you happy with what you decided to be?

My most valuable lesson.



THE BLACK BIRD.

I see a Black Bird

Yes, it definitely is black.

Yes, it definitely is a bird.

But the question is....

Is it a Black Bird????

Dose it really matter???

VIEW

While you cannot change the past.
You can change your view of the past.
That can set you free.
To live the life, you deserve.
Interesting.

CRAZY

I am crazy just like everyone else!!!!

RESPONSIBLE

I am responsible for every decision I have made.
Good bad and otherwise.
As are others responsible for their decisions.
Good bad and otherwise.

This was one off the biggest brake throughs of my life.
My grandmother always complained I never stood up straight.
After I received the inspiration about responsibility.
I stopped feeling responsible for my father's illness, the way my
mother treated me and the murder plus a whole lot more.
After all that, my back straitened and it felt as if two metal rods were
inserted down my back.
When I drove home that day I could feel my back was so different.
Interesting.

PEACE

You cannot appreciate the peace until you have been to war.

WHY

You Must Understand You Must,
Make sense of the Senseless,
Find reason in the Unreasonable,
See purpose in the Insanity of Life,
That is what they demand of me.

WHY?????

If I say the past is OK,
What chaos is OK for the FUTURE.
We should learn from the past not repeat it.
Somethings I will not accept.
Somethings I will not understand.
We should learn from the past not repeat it.

MYSTERIES

The day I have all the answers.....
It will lead to a new set of questions.....
On and on it goes.....
So, I must learn to live with mystery.....
It's just a fact of life.....

IRRELEVANT

It's good to know about your past.

It makes it easy to.

Prove it totally irrelevant.

Be who you decide to be.

Not who the past tells you to be.

THOUGHTS FOR THE DAY

Reality is whatever you believe it to be.

Everything is as important as you decide it to be.

Everyone sees the world in their own way.

But most think their way is the same as everyone else.

Impossible, those things no one has worked out how to do YET.

Making tomorrow's past today.....

The first sign of insanity thinking your sane.....

How can you ever find peace if you will not forgive your enemy?

Remember life is too short to be serious.

It is Impossible to prove anything is Impossible.

Think about it!

THE PROBLEM

I have a problem.

That must be solved.

For years they have told me so.

Because of this I have a problem.

Because of that I have a problem.

So, they tell me.

They do.

But now I see I had one and only one problem.

That is that I listened to them.

MY PAST

The murder.

The child abuses.

The alcoholic father.

The German Jewish mother.

How can my past ever be OK?

But that is OK.....

I am OK because that is what I have decided to be.....

EQUAL

In everything that is important we are equal.
Anything we are not equal in, clearly that does not matter.
So, judge me on what matters. Then Judge yourself.

AFTER

After the murder I found I had a need to understand.
I was trying to make sense of a senseless act of murder.
Was I trying to say that murder was OK?
That thought would terrify me for many years.

REALIZED

I realized my past was making predictions.
That I could not live with.
So, I went to war.
The war of 1980 to 2000!
But I won.
Now my future is mine.
And my past is too scared to tell me what to do.

GERMAN JEW

One day my grandmother came to me,

In an absolute panic.

You must understand you must you must.

Your mother is a German Jew.

I have never seen in such a panic, so this must be bad.

But what is a German and what is a Jew?

But now the inventors of google have not even been born yet.

In the books and films the Germans are always the bad guys.

But what is a Jew.

Then many years later I found a book on the Holocaust. OH MY
GOD.

What one side of my family did to the other side.

If I say my past is OK what is OK for the future.

Where to from here.....

LEADERS

Often the person who wants to be a leader.

Is often the worst leader ever.

PAST

I can remember the past and feel I have coped with it and this
makes me feel capable.

GUILT

After years of guilt.

I am finally guilt free.

This year after 50 years.

I can finally drive down the road.

And feel good about it.

At last I own an electric car.

No more gas guzzling for me.

THE PAST

I am afraid of the past.

Not because of what it is, scary as it maybe.

I am afraid of the past.

Because of what it may do to my future.

THE PAST

The only thing important about the past is how it hurts you
today.

With insight you can change even this.

It is not set in stone it is our memory and we can change how we
see that.

Freedom from the past is ours to find.

NOTHING

Nothing in the past.

Is worth.

Destroying my future for.

DIFFICULT EVENT.

The event may be bad enough.

But its safely in the past.

It is the idea it will happen again.

That will drive you to despair.

OUT OF THE MAZE

After they hurt me.
They filled my head with junk and nonsense.
To prove their actions justified.
That was the maze around and around you go.
Trapped in the steel trap with no way out.
No way out no exit at all.
It's when you realize there is no maze.
It doesn't need to be solved.
There is no reward,
I was not going to snap and become a monster.
Like them.
I had made the right choice way back then.
I hate violence and the clowns who use it.
It was just their crazy jumbled ideas of those around me.
Such clowns all of them.
Freedom
True freedom.....

Ray Ferguson 2021

ME THE PHOENIX

You will not understand.

You will not believe.

In my sanity you will see insanity.

You will believe my reality is unreal.

This is your problem not mine.

I know the truth.

I know what is real.

But more important than that I know what of the truth matters.

That is mine all mine.

Interesting.....

INTERESTING

I decide what is important to me.

The things that are important to me are what makes me stressed.

When I am stressed that makes me sick.

Therefore, I have decided to be sick by deciding things are
important.

Interesting.

So now I do not let anything be important.